



2023 Path to College



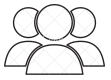
In the competitive environment of Metropolitan New York, our First Tee chapter is proud to provide a supportive and holistic environment for our participants' development. We're not just about golf; we're about changing lives.

One of our most remarkable strengths as a First Tee chapter is the Path to College program. By blending real-world educational opportunities with top-notch golf programming, we're making a real impact in the lives of our participants. This unique approach creates a one-stop shop for the athletic, social, and educational growth of our amazing participants.

Continue reading to discover the incredible impact our Path to College programs had on our participants in 2023!

“Intelligence plus character — that is the goal of true education.” —Martin Luther King Jr.

Path to College propels kids to build the strength of character that empowers them for a lifetime. It is especially crucial to the historically under-served populations who make up over **70%** of our participants.



Approximately **240** unique First Tee participants



Over **40%** of participants were recruited from local community outreach programs



97% of Path to College students demonstrated significant increase in core academic subjects



85% of PTC participants exhibit strong retention by engaging with First Tee programs year after year.



100% High school graduation rate (since 2014)

A Deeper Look...

- Year-round academic enrichment programming at every age level, from 7-18, with an emphasis on long-term support for each child as they progress through school.
- A robust scholarship program that provides tuition assistance, personal and professional development, and mentorship for First Tee alumni.
- Since revamping PTC in 2014, student-athletes stay with the program 4 or more years.

Path to College participants...

- Improve report card grades
- Get into NYC’s best selective high schools
- Attend one of their top 5 choices for college
- Demonstrate high social & emotional intelligence*
- Express a higher self-confidence than their same-age peers*

** Path to College participants reported increased socio-emotional capacities via Hello Insight Youth Development Survey, including 81% advanced in Goal Orientation, 83% advanced in Self-Confidence, and 89% advanced in Academic Self-Efficacy.*

Ace Scholars



Approximately **50** First Tee Participants



100+ Hours of instruction and personal attention per Ace Scholar



47% gain in Tier 3 Vocabulary skills



40% gain in High School & College Awareness



30+ Hands-on activities meant to foster community



68% Demonstrated gains in Social-Emotional Intelligence



20+ “Mindfulness Monday” exercises meant to decrease stress & build confidence



10 Former Ace Scholars hired as paid tutors

A Deeper Look...

- Ace Scholars consistently improve their grades, learn to navigate NYC’s complex high school system, and get into a school of their preference.
- Ace Scholars are more likely to:
 - Graduate in the top 10% of their class
 - Demonstrate advanced leadership skills
 - Earn merit-based scholarships
 - Be accepted into competitive programs, such as Evans Scholars

The Ace Scholars Program is all about giving a helping hand to middle school students who are not just dedicated to First Tee but also care about their studies.

They’ve got their sights set on NYC’s top high schools!

Ace Scholars dive into over 100 hours of intensive learning each year, starting from 6th grade and going all the way to 9th grade.

And here’s the icing on the cake: Every Ace Scholar gets one-on-one counseling and top-notch assistance when they’re applying to high school and college.

Why do we focus on middle school? Because these years are critical for academic and social-emotional growth. They set the foundation for high school and the exciting journey of college exploration and preparation.

Individual Tutoring & SAT Prep



Approximately **70**
First Tee Participants



97% of students
demonstrated significant
increase in core
academic subjects



90% of SAT Prep participants
improved their scores by at
least 50 points



65% of tutoring participants
demonstrated maturation in
independent study & review
methods



84% of tutoring participants
earned an A on an exam they
prepared for with their tutor



Year-round assistance,
even when the golf course is
snowed over!

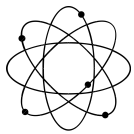
Individual tutoring is a powerful tool for enhancing subject comprehension, instilling confidence, and fostering essential learning skills. It offers students the invaluable advantage of personalized attention, a luxury often unavailable in crowded classrooms. This tailored approach benefits not only those who may be grappling to keep pace with their peers but also those who crave more intellectual challenge.

We also help students prepare for the SAT and boost their scores using our data-driven approach. It's worth noting that most colleges, including those with test-optional policies, still value SAT test scores. It's an opportunity for high-schoolers to make their mark on college applications, demonstrating preparedness for the academic journey and aligning with what colleges are seeking.

Summer STEAM Academy



Approximately **120**
First Tee Participants



56% Gain in STEM skills
across the board



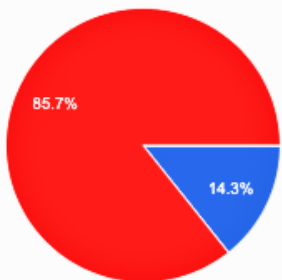
90% of participants
maintained or improved
their reading level



63% of participants
improved their computer
programming skills



86% of participants said
they felt more prepared
for school



- My science skills improved a lot
- My science skills improved a little
- My science skills stayed about the same
- My science skills got worse

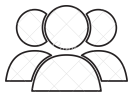
The STEAM Summer Academy is a delightful blend of learning and fun, where students get to delve into STEAM, Coding, and Literacy in an engaging way.

Through hands-on activities such as experiments, coding projects, and engineering challenges, participants not only deepen their understanding of STEAM subjects but also develop crucial problem-solving, critical thinking, and teamwork skills.

On top of that, literacy lessons provide valuable support, boosting reading and writing skills, right at the time of year when they tend to slide.

This holistic summer program is designed to bridge the achievement gap, equipping all students with the tools they need for success in their academic journey and beyond. It instills a lifelong love for learning and enhances essential skills for today's world.

High School & College Acceptance



17 Path to College participants graduated in 2023



100% Graduation rate



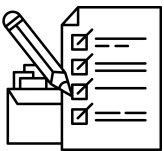
Over **\$600,000** in scholarships earned



Approximately **500 hours** of counseling from Karen LesPierre, Director of Path to College



3 Seniors were awarded the Low Rudin scholarship in 2023, the highest number in one year to date (since 2004)



2 College-preparedness sessions with First Tee's Young Benefactors, including essay help, mock interviews, and more



Expanded **partnerships** with Prep for Prep and LeApNYC

Surprisingly, high school students often receive just a few hours of access to their school's college counselor. That's where we step in, offering additional on-site counseling at First Tee to guide our participants in the college search and application process. Given the competitiveness of high schools in NYC, we extend this service to middle-schoolers as well.

This counseling is essential for keeping our participants informed about deadlines and graduation requirements. We assist them in finding schools that align with their aspirations, identifying dream, match, and safety schools, providing guidance on the FAFSA, helping craft compelling school-specific application essays, and supporting them in managing anxiety and stress.

We take immense pride in our success, with 100% of our participants gaining acceptance to at least one college, and most securing a spot at one of their top choices.